

# *Holly River Hustle 5K*

## *Run/Walk*



## **Holly River State Park**

(near Hacker Valley, Webster County, WV off of Route 20)

**September 4th, 2016, 10 a.m. Sunday**

On Sunday, September 4th, 2016, as part of the Holly River Foundation's Holly River Festival on Labor Day weekend, there will be a timed 5K (3.1 mile) run/walk, which begins in Holly River State Park on the park road by the old shelter (pavilion) across from the park restaurant-office. The route then makes a sharp right turn up the gravel road about 1.5 miles towards Pickens, and then returns back to the start. This out and back course is slightly uphill for the first half, and slightly downhill coming back – making for a fast finish! Near the turnaround point there will be a water station, and there will also be refreshments afterwards.

**Registered paid participants will be eligible to win awards based on finishing position, and random prizes, and if you're registered and the entry fee is received by August 22nd, you are guaranteed a T-Shirt and goody bag. Runners & walkers are eligible to win random prizes which include a 2 night stay in a Holly River Cabin, and a 2 person guided rafting or kayaking trip, among others.**

**Enter by August 22<sup>nd</sup> for \$12 entry fee for adults 18 and over, and \$8 for all of those under 18, based on age on race date. (Note: Entries received after August 22<sup>nd</sup>, go up to \$14 and \$10.)**

For further information on the race, and entry forms that can be downloaded and printed, see this race at [www.Tristateracer.com](http://www.Tristateracer.com); entry forms are also available at the park office or ask Jessica Cutlip. Further, regularly updated information is found on [www.Facebook.com](http://www.Facebook.com), see (Holly River Hustle...). Or contact Tom at 924-6553, email Jessica at: [cutlipjessica@yahoo.com](mailto:cutlipjessica@yahoo.com) or Tom at [wvabooks@aol.com](mailto:wvabooks@aol.com)

**REGISTRATION LIMITED TO FIRST 150 ENTRIES RECEIVED.**

**\* ALL ENTRY FEES GO TO THE NON-PROFIT HOLLY RIVER FOUNDATION TO HELP FUND VARIOUS PARK PROJECTS AND ACTIVITIES, SUCH AS THE HOLLY RIVER FESTIVAL – WHICH EXPENSES INCLUDE THE COST OF THIS EVENT.**